

# Asgard Swimming Club

## ANTI-BULLYING PLEDGE

As a member of Asgard Swimming Club, it is my duty to play my part in trying to make my club a place where everyone can feel safe from bullying.

I \_\_\_\_\_ (swimmer) PROMISE,

- ✓ To treat all members of the club with respect.
- ✓ To call fellow swimmers by their preferred name only
- ✓ To avoid aggressive or offensive behavior such as name- calling, giving dirty looks, sneering or isolating others
- ✓ To refrain from telling lies, starting rumours or repeating gossip about others
- ✓ Never to retaliate, but to report the incident
- ✓ To report any incident of bullying behavior that I may witness to one of the clubs Child Officers
- ✓ To make new members of the club feel welcome and to be helpful to them